

**KHFarms**

# Welcome!

KHFarms is proud to present a community movement providing local products from real farmers with real food. Using sustainable practices.

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# The Dangers of Commercialized Food



- Deceptive Labeling
- Antibiotic Resistance
- Hormonal Imbalances
- Lower Nutritional Value
- Weight Gain
- Compromised Immune System
- Food Addictions
- Brain Fog
- Higher risk of mental disorders/diseases such as Depression, Cancer, Diabetes, Alzheimer's, Dementia, etc.
- Coloration additives
- Lower Nutritional Value
- Vaccines/mRNA Risks

*Alarmingly, most food found in grocery stores contain toxic ingredients.*

"You are what you eat."





# Miracle of Real Foods

- Higher nutritional value that your body can actually recognize and absorb
- Decrease in food cravings/withdrawals
- Full longer - Easier to maintain a healthier weight
- Promotes a Stronger Immune System
- Greater resistance to common diseases
- Potential to cure common ailments
- Increase in mental clarity
- Promotes hormonal balance for greater joy in life
- Simple ingredients

"Food is medicine."

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# Standards

- No GMOs
- Organic
- Simple Ingredients
- Pure Sources
- Regenerative Practices





# Our Products

## Always Growing

Farmers are encouraged to work directly with KHFarms and Real Foods United in an effort to strengthen our community and gain greater food freedom.

As a result, our products grow more varied with every new farmer that joins their talents and services to ours. Above all, with a focus on health and food purity.



Hereford Beef



Real Dairy



Breads & Cookies



Chicken & Eggs



Natural Remedies



Healing Guidance

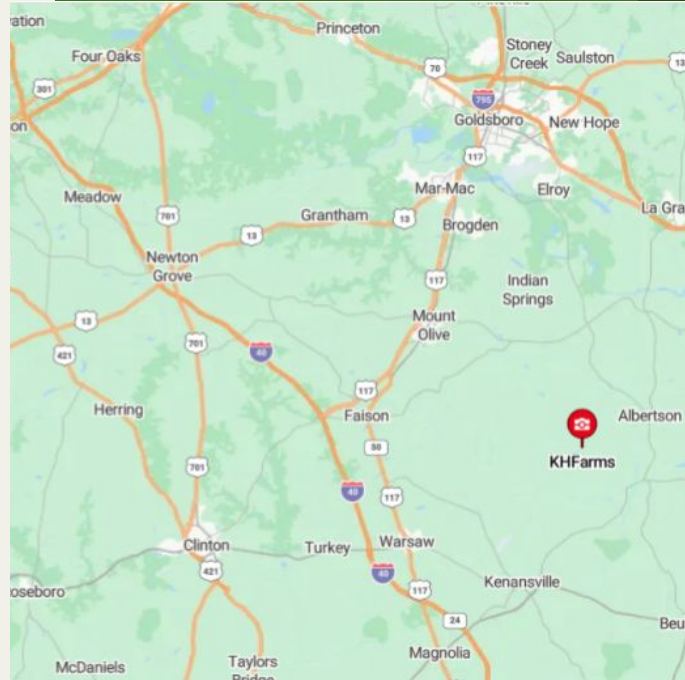


# Where are we located?

**1920 Tram Rd, Mount Olive, NC 28365**

- Direct Delivery within 20 miles
- Custom Drops within 40 miles
- Or - Pick up at your convenience in store
- 

[Contact us](#) for more information or to request services further out: Karen@KHFarms.Site





# How it Works

- ❑ Subscribe for a Farm Share.
- ❑ Create Your Account and complete our Welcome Agreement.
- ❑ You can now view and purchase products!



# Farm Share Access

Own Your Food Resources



Monthly

\$20

Try Real Food



Annual

\$200

Save with Annual

